

Ingredients:

Organic hemp protein.

*Contains no hexane, gluten,
dairy, lactose, or sweeteners.*

INGREDIENTS: MILLED CORN, SUGAR, MALT FLAVORING, HIGH FRUCTOSE CORN SYRUP, SALT, SODIUM ASCORBATE AND ASCORBIC ACID (VITAMIN C), NIACINAMIDE, IRON, PYRIDOXINE HYDROCHLORIDE (VITAMIN B₆), RIBOFLAVIN (VITAMIN B₂), THIAMIN HYDROCHLORIDE (VITAMIN B₁), VITAMIN A PALMITATE, FOLIC ACID, BHT (PRESERVATIVE), VITAMIN B₁₂ AND VITAMIN D.

**CORN USED IN THIS PRODUCT
CONTAINS TRACES OF SOYBEANS.**

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Battle Creek, MI 49016 USA
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Exchange: 2 Carbohydrates

The dietary exchanges are based on the *Exchange Lists for Meal Planning*, ©2003 by The American Diabetes Association, Inc. and The American Dietetic Association.

CONTAINS: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, FERROUS SULFATE, NIACIN, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), PARTIALLY HYDROGENATED SOYBEAN & /OR COTTONSEED &/OR PALM &/OR PALM KERNEL &/OR COCONUT OILS, WATER, MILK, SKIM MILK, CORN SYRUP, STRAWBERRY APRICOT (SULFUR DIOXIDE), COCOA (ALKALI), CONTAINS 2% OR LESS OF: SALT, NATURAL & ARTIFICIAL FLAVORS, EMULSIFIERS (PROPYLENE GLYCOL MONOESTERS, MONO & DIGLYCERIDES, SOY LECITHIN, SODIUM STEAROYL LACTYLATE, POLYGLYCEROL ESTERS OF FATTY ACIDS, GLYCEROL MONOSTEARATE, SORBITAN TRISTEARATE, POLYSORBATE 60), EGG WHITES, CORN SUGAR, MODIFIED FOOD STARCH, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, MONO- & DICALCIUM PHOSPHATE), CELLULOSE, CORN STARCH, HIGH FRUCTOSE CORN SYRUP, CARBOHYDRATE GUM, SODIUM CITRATE DISODIUM PHOSPHATE, CHEESE CULTURE, LACTIC ACID, WHEY BUTTERMILK, MODIFIED TAPIOCA STARCH, SODIUM PHOSPHATE CORN SYRUP SOLIDS, SODIUM CASEINATE, BHA, CITRIC ACID POTASSIUM SORBATE, SODIUM BENZOATE (PRESERVATIVES), XANTHAN & LOCUST BEAN GUMS, CARAMEL COLOR (SULFUR DIOXIDE), VANILLIN, BETA CAROTENE (COLOR), FD&C COLOR (REDS #40 & #3, YELLOW #6 & #5, BLUE #1 & #2, TITANIUM DIOXIDE), VITAMIN D3.

ALLERGEN INFORMATION

Nutrition Facts

Serving Size 1oz (28g/About 20 Chips)
Servings Per Container About 3

Amount Per Serving

Calories 120 **Calories from Fat 35**

% Daily Value*

Total Fat 4g **6%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 290mg **12%**

Total Carbohydrate 20g **7%**

Dietary Fiber 1g **4%**

Sugars 1g

Protein 2g

Vitamin A 0% • **Vitamin C 2%**

Calcium 2% • **Iron 2%**

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less Than 65g	80g
Sat Fat	Less Than 20g	25g
Cholesterol	Less Than 300g	300mg
Sodium	Less Than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per Gram:

Fat 9 • Carbohydrate 4 • Protein 4