

**CONSUMPTION OF MAJOR FOOD COMMODITIES
IN THE UNITED STATES PER PERSON PER YEAR**

(in pounds)

	1970	1980	1990
red meat	132.0	126.4	112.4
fish	11.7	12.4	15.0
poultry products	33.8	40.6	55.9
eggs (number per year)	309.0	271.0	233.0
fats and oils	52.6	57.2	62.7
fresh fruit	79.4	87.0	92.6
selected fresh vegetables	88.8	92.7	110.9

1. Between 1970 to 1990, in which food category did consumption rise more than 50 percent?

_____ (1) red meat
_____ (2) fish
_____ (3) poultry products
_____ (4) fresh fruit

2. The information in the table supports which of the following conclusions?

_____ (1) Most Americans are becoming vegetarians.
_____ (2) Americans are consuming less red meat and more fruits and vegetables.
_____ (3) Americans consume too much sugar and salt.
_____ (4) The price of fresh vegetables has risen by 50 percent.

3. From 1980 to 1990, which of the following did Americans eat?

_____ (1) fewer eggs and less chicken
_____ (2) fewer eggs and more red meat
_____ (3) more eggs and less chicken
_____ (4) more fresh fruit and more fish

4. Americans decreased the consumption of which of the following foods between 1970 and 1990?

_____ (1) poultry products
_____ (2) fresh fruit
_____ (3) red meat
_____ (4) selected fresh vegetables